



Savoury Cracker Snacks

2 cups whole meal flour
2 cups white flour
1/2 cups cornmeal
1 1/2 cups Harraways Rolled Oats
1/2 cups sunflower nuts; optional
2/3 cup oil
1 cup hot water or more
1 tsp. salt

Mix together all dry ingredients. Add oil and water. Mix well.
If too wet, add more flour. If too dry, add more water.

Pat into flattened cracker shapes and place on ungreased cookie shape.
Bake 175-190 C degrees until crisp, 30-35 minutes.

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