



Nutties

1 cup Flour

1 cup Coconut

$\frac{3}{4}$ cup Sugar

1 teaspoon Baking Powder

1 cup Rolled Oats

Sift Flour and baking powder and add other dry ingredients

Heat

100g Butter

2 Tablespoons Water

1 Tablespoon Golden Syrup

$\frac{1}{2}$ teaspoon Baking soda

Cool and add to dry ingredients. Place in teaspoon lots on greased trays and press with a fork.

Bake in moderate oven (160°C) for 15mins.

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